



Online Application Due 3/5/2023 by 11:59PM

Football Sideline Cheerleading & Competition Cheerleading

Tryout Information Packet 2/15/2023 UPDATED

Enclosed is information regarding cheerleading tryouts for the Hillgrove High School Football and Competition Cheerleading squads. To try out for the Hillgrove cheerleading program, you must meet all eligibility requirements as outlined by the Georgia High School Association, including that you live in the Hillgrove district, currently are enrolled in Hillgrove or a Hillgrove feeder middle school and that you are academically eligible at the time of tryouts. Online applications must be completed by 11:59pm on 3/5/2023. LATE APPLICATIONS WILL NOT BE ACCEPTED. Applicant must ensure there is a current CLEARED physical uploaded in the SY2022-2023 Athletic Registration online in ParentVUE in order to try out for the 2023 Football and/or Competition Cheerleading program.

Program Details & Time Commitments

Parents and applicants should discuss the applicant's decision and consider the time & financial requirements involved with each squad. Being selected as a part of the HHS Cheerleading program is a privilege that requires dedicated commitment. There may be opportunities in the summer for optional conditioning days for all squads together. Parents, family members & friends are invited to participate, as well.

Varsity Football Sidelines (11th – 12th plus Varsity Comp are eligible)

- Overnight Spirit Camp – July 10-12 at Georgia Tech
- Fall Practice Days- Mondays and 'tentatively' Thursdays throughout the season
- Varsity Football Games (Friday nights) – Including all playoff games

Varsity Football Performance (Varsity Comp only are eligible)

- Fall Practice Days- As determined by coaches on Thursdays
- Varsity Football Games (Friday nights) – Home games only

JV Football Sidelines (10th – 11th grade are eligible)

- Sideline spirit camp – tentatively July 13-14 @ Hillgrove
- Fall Practice Days- Mondays and Thursdays (until games begin)
- JV Football games (Thursday nights)

Freshman Football Sidelines (9th grade only is eligible)

- Sideline spirit camp – tentatively July 13-14 @ Hillgrove
- Fall Practice Days- Mondays and Thursdays (until games begin)
- Freshman Football games (Thursday nights)

Varsity Competition Squad (9th – 12th graders are eligible)

- Choreography Camp – June 11-12 at Hillgrove
- Summer Practices – will be on select days throughout the summer. Location – Stingrays Marietta & Hillgrove
- Fall Practices (Tues 4:15 – 6:00 Stingrays, Wed – 4:00 – 6 Hillgrove)
- All Scheduled Competitions 9/9, 9/16, 10/14, 10/21 – Including Region & State weekend

JV Competition Squad (9th – 11th graders are eligible)

- Choreography Camp June 6-7 at Stingrays
- Summer Practices – will be on select days throughout the summer. Location – Stingrays Marietta & Hillgrove
- Fall Practices (Tues 4:15 – 6:00 Stingrays, Wed – 4:00 – 6 Hillgrove)
- All Scheduled Competitions 9/9, 10/7, 10/14

Basketball Cheerleading Tryouts will be held during Fall 2023.

Cheerleading Tryout Information for the Football Sideline & Competition Squads - *The previous year on the sideline and/or competition squad does not guarantee a position on the upcoming 2023 Squad*

Tuesday, March 21	5:00 – 6:30	rising 9 th – rising 12 th	Comp evaluations
Wednesday, March 22	5:00 – 6:30	rising 9 th – rising 12 th	Comp evaluations
Thursday, March 23*	5:00 – 6:30	rising 9 th – rising 12 th	Comp evaluations
* tentative			
Monday, March 27	5:00 – 6:30	rising 9 th – rising 12 th	Sideline Clinic
Tuesday, March 28	4:00 – 5:30	rising 10 th	Sideline evaluations
Tuesday, March 28	5:00 – 7:00	rising 9 th	Sideline evaluations
Wednesday, March 29	4:00 – 7:00	rising 11 th – rising 12 th	Sideline evaluations

Attendance is important. If there is an issue, please speak with or email Coach Spiegel Jennifer.Spiegel@cobbk12.org

- All material will be online (uploaded 2/25/2023) – Prospective cheerleaders should practice material before tryouts & come prepared
- Time for tumbling practice is given, but tumbling will not be taught for tryouts

Tryout Location:

Hillgrove High School Auxiliary Gym, 4165 Luther Ward Road, Powder Springs, Ga. 30127

**Please note that all instructional clinics and tryouts are closed to spectators. Coaches must have the opportunity to give all tryout applicants their undivided attention, and those tryout applicants have no distractions to deter their focus.*

(During the clinic on 3/27, prospective cheerleaders may wear appropriate attire of their preference)

Tryout Day Dress Code:

- Solid Black cheer shorts/spanks
- White T-Shirt or White Tank Top with NO LOGO's or anything printed or cheer related wording. Bra Straps should NOT be visible.
- Hair needs to be pulled back in a clean, tight ponytail with a coordinating bow.
- Cheer or athletic shoes with matching crew socks.
- **NO JEWELRY OR GUM & NAILS SHOULD NOT BE PAST THE FINGERTIPS PER NFHS & GHSA!**

Selection:

Squads will be formed based on evaluations/assessments compiled by the coaching staff, the fulfillment of requirements, and the coaches' final decision. Please remember that consideration of *team purpose, cheerleader maturity, and stunt groups* must be given in determining the squads. **Multiple groups consisting of a flyer, two bases, and a back spot are needed for all squads and will factor into the formation of each squad, especially on the Varsity sideline & Competition squads.**

Eligibility

To try out, you must meet all eligibility requirements as outlined by the Georgia High School Association, including residing in the Hillgrove district, attending Hillgrove OR a feeder school for Hillgrove, and being academically eligible **at the time of tryouts**. Eligibility will be handled by the athletic department prior to tryouts. If a prospective athlete is deemed ineligible at the time of tryouts, he/she will not be able to participate in tryouts.

2023 Tryout Announcements:

Tryout results will be posted online at the Hillgrove Cheer Website the weekend of 4/2/2023

www.hillgrovecheer.org

IMPORTANT DATES:

Dates and times are estimates and are subject to change. They do not include pep rallies, school events, and/or other miscellaneous performances that may be required of a cheerleader to prepare for and attend. Everything is under the Coaches' discretion.

2023 HHS Cheerleader New Squad Meetings:

If selected for a squad, cheerleaders must attend a mandatory meeting

- All Squads meet with coaches & uniform fitting - Tuesday, April 11, 2023.
JV & Varsity – 3:45pm, 9th – 5:00pm
Location - TBD

2023 Hillgrove High School Cheerleading Booster Club Meeting:

A **MANDATORY** Booster Club & vendor meeting will be held on **Monday, April 17, 2023.** Location TBD.

- Each cheerleader MUST have at least one parent/guardian in attendance.
- Booster Club Dues of \$250 & \$100 camp deposit for Varsity are due at this time for the upcoming season and can be paid via the cheerleading portal. Cheerleaders participating on Comp and Football Squads will owe an additional booster club due of \$75.
- **Cheerleading Dues - \$250:** Amounts received as cheerleading dues cover the following but not limited to organization expenses: expenses incurred for uniforms, signs, music, group activities, coaching fees, year-end replacement costs etc. The budget will be presented to Booster Club Members for discussion and approval. All costs are projected and represent estimated costs.
- **Extra Squad Dues - \$75:** Amount covers additional fees associated with participating on more than one squad.

TRYOUT GENERAL INFORMATION:

Sideline Squads

The selection for Sideline Squads is based on the applicant's evaluation & skills assessment (cheer, chant, band dance, toe touch) as well as a combination of positions needed (flyers, bases, spotters). Applicants will be selected from each of the rising 9th – 12th grades for the upcoming school year.

- 9th grade students are eligible to be placed on the freshman squad
- 10th & 11th grade students are eligible to be placed on JV squad
- 11th and 12th grade students are eligible to be placed on Varsity squad
- If your athlete makes the Varsity Competition Squad, they will be placed on the Varsity Sideline or Varsity Performance squad regardless of grade.

Competition Squad (9th – 12th graders – Varsity & 9th – 11th graders - JV)

Selection for the Competition Cheer Program is based on the applicant's evaluation & skills assessment and will be determined by the coaches of which combination of positions (flyers, bases, spotters) will make the squads the most competitive.

Applicants interested in joining the 2023 Competition Cheerleading Program will be assessed in the following areas:

- Stunts/stunting positions – bases, flyers, back spots
- Tumbling – standing and running
- Triple Jump combo Dance/Choreography
- Overall impression- appearance, attitude, work ethic

Per GHSA, only 16 athletes may take the floor & compete. **The previous year on the competition squad does not guarantee a position on the upcoming 2023 squad(s).** If a cheerleader on the competition squad does not perform to expectations, they may be replaced at any time during the season. * Skills checks will be held throughout the season.

Basic skills required for all squads:

- * The desire and positive attitude of wanting to be a part of the squad
- * Being coachable - Ability to listen to and follow instructions
- * Cheer motion knowledge and skill (placement and sharpness)
- * Voice volume in cheering (being able to lead a group by calling a cheer/chant and being loud)
- * Rhythm in dancing (must be able to dance to a song with the correctly taught motions and stay on the beat)
- * Learning memory (must be able to learn multiple cheers and dances and memorize them, then be able to perform them in front of an audience)
- * Jump knowledge and skill (height, flexibility, and motion sharpness are factors)
- * Maturity and leadership ability is a must for all teams, as you are considered Ambassadors for the school.

Expectations for the skills listed above are higher for Varsity Squads

Hillgrove High School Athletic Physical Process

HILLGROVE WILL NO LONGER ACCEPT A PAPER PHYSICAL FORM. Instead, parents must register their student on their ParentVUE site for students in grades 8-12.

For detailed instructions, go to the link below for the Athletic Registration User Guide.

You may also contact our Athletics Clerk, Chanelle Scott for more information at chanelle.scott@cobbk12.org

ParentVUE Login: <https://parentvue.cobbk12.org/>

Applicant must ensure there is a current physical uploaded in Athletic Registration online in ParentVUE and turn in completed online tryout application by 11:59pm on 3/5/2023.

***IF YOU DO NOT HAVE A PHYSICAL ON FILE, YOU WILL NEED TO HAVE A CLEARED & UPLOADED PHYSICAL BY THE FIRST DATE OF TRYOUTS , OR YOU WILL NOT BE ABLE TO PARTICIPATE**

HHS Football Sideline Cheerleading 2023 Estimated Costs:

The following is an ESTIMATE of costs for personal items needed by each cheerleader. Cheerleaders are encouraged to communicate with the coaches as soon as possible when learning of special family or economic needs that will bring about the conflict. Parents should also feel comfortable communicating with the HHSCB Treasurer when needed. Practice attire & cheerleading shoes are not included in estimates below. These are separate items that parents/guardians will pay directly to the vendor.

Estimated total Costs for Sideline Squads

Team	cost
Varsity Sideline	\$1200
JV sideline	\$750
9 th Sideline	\$750

Estimated Costs for Competition Squad

- There are additional costs incurred with participation on the competition squad - Choreography Camp, Team Culture Workshop (Varsity only), Music, Comp practice attire.

Team	cost
Varsity Competition	\$1500
JV Competition	\$1000

- **Every effort will be made to offer fundraising & sponsorship opportunities to offset cheerleader's overall costs.**
- Returning cheerleaders will not have to replace items that have been purchased in previous years which are still being used as long as everything is still in good condition and approved by Coach Spiegel.

- Miscellaneous items may be required to be provided by cheerleaders and parents such as socks, water bottles, athletic tape, etc
- Additional State fees may be added to the Varsity Competition portal, if needed.

Hillgrove High School Cheerleading General Information

The purpose of the Hillgrove cheerleading program is to promote school pride, unity and to lead the student body in demonstrating spirit and support for the teams, coaches, and all athletes. Hillgrove cheerleaders are expected to demonstrate good sportsmanship at all times. A cheerleading handbook will be distributed to all new cheerleaders with detailed information related to the cheerleader's responsibilities and the cheerleading program at Hillgrove High School.

General Behavior

Interscholastic/Extracurricular Activities Code of Conduct Rule: IDF-R

The HHSC program follows the Cobb County Schools rule for Student Conduct with Interscholastic/Extracurricular Activities, **Rule: IDF-R**. Participation in interscholastic/extracurricular (extracurricular) activities in the Cobb County School District (District) schools is a privilege. Students participating in these activities are considered to be school leaders and role models who represent their school and, more importantly, depict their character. With leadership comes additional responsibility, and student participants must adhere to high standards of conduct. When students violate these standards of conduct, the District may withdraw the privilege of participation in interscholastic/extracurricular activities. The purpose of this code of conduct is to establish a minimum expectation of behavior

Hillgrove Hawks Cheerleaders who are under age 18 and are considered minors. Parents/Legal Guardians are responsible for reinforcement of acceptable behavior and should familiarize their child with [Rule: IDF-R](#). Parents/Legal Guardians should also be familiar with all rules and regulations for the HHSC program

Coaches' Rights

The coach reserves the right to "bench" a cheerleader for disciplinary or performance reasons. Reoccurring issues with discipline/behavior both on the squad and/or in the classroom may result in the dismissal of a cheerleader. Bullying, harassing, fighting and/or any other negative behavior resulting in OSS will NOT be tolerated and is grounds for immediately removal from the Hillgrove cheerleading program. Any cheerleader who quits or is removed from the program, is ineligible to try out the following year.

Attendance - HHSC

Cheerleaders MUST be present and on time to all practices, games, playoff games & events, performances, fundraisers, pep rallies, camps, competitions, and any other activities designated by their coach. If communication by the cheerleader, is not made to the coach prior to the tardy or absence, consequences such as but not limited to: additional conditioning, being benched, removal from the squad, etc can occur.

Transportation

Transportation may or may not be provided by the Cobb County School District. In the event transportation is not provided by CCSD, transportation will be the parent's & student's responsibility. Student drivers should not drive other students to/from practices/competitions. When parents and students volunteer to drive their vehicles on school system business, such as sporting events or other school activities, the Cobb County School District does not provide liability insurance or medical insurance; the volunteer is the liable party.

Academics/Grades

Hillgrove is a school with high expectations for its students. The cheerleading program at HHS will work to promote each cheerleader's success in the classroom as well as on the sidelines and the mat. Cheerleaders must be passing all classes. Athletics is NOT an excuse for failing grades. If a student is struggling with a class, the coach may place the student on an academic contract and/or bench the student until the grade is up to par. Grades will be checked on athletes throughout the season.

Appearance

All cheerleaders are expected to keep a neat, personal appearance and observe the Hillgrove dress code policy while representing the Hillgrove brand.

Uniforms & Equipment; Cheer Clothing & Apparel

Uniforms are selected & designed by the Hillgrove High School Head Coach. Each cheerleader will be provided with the required full uniform (shell, skirt & possibly liner). Each cheerleader and their parents/legal guardian are financially responsible for all additional items needed (shoes, socks, hair bow, pom poms, spirit wear). Only members of the Hillgrove Cheerleading program are allowed to wear any cheerleading uniform and apparel.

Financial Responsibilities

The HHSCB program is self-sustaining. HHSCB does not receive any financial contributions from Hillgrove High School or the Cobb County School System. Fees are voted on and approved by the HHSCB Executive Board. Program expenses are communicated in advance to cheerleading candidates so that parents/legal guardians have a realistic expectation of program costs. Payment schedules will be provided to the selected cheerleaders at the Booster Meeting after the squad has been chosen.

- Cheerleaders are responsible for the cost involved in camp and all cheer apparel.
- Cheerleaders are responsible for the replacement cost of any school property that is lost or damaged. (Uniforms)
- Every effort is made to provide opportunities for cheerleaders to earn money to help offset the financial obligations. ALL cheerleaders must attend and participate in all required fundraising activities, or possibly offset participation by covering those funds from personal funds or sponsorships.

Fundraising Commitments

If fundraising is determined to be useful and necessary by the approval of the Athletic Director and Head Cheerleading Coach, the HHSCB Executive Board will communicate to the HHSCB membership.

Fundraising Opportunities

Who:

Competition Squad

Sideline Squads

Sideline Squads:

Varsity Football (MS mentor coaches):

Sideline & Comp Squads:

Sideline Squads:

What/When:

Sponsorship Program - April 2023

Sponsorship Program - April 2023

Little Girls Camp – July 18-20

Middle School Camp – July 18-20

Car Wash – August 19

Hillgrove Classic Cheerleading Competition – September 9, 2023 (tentative date)

Additional fundraising may occur throughout the season at the Coaches' discretion.

Hillgrove High School Cheer Booster

The purpose of this organization shall be to provide support for the Hillgrove High School cheerleading program. The booster club helps supplement the school budget with covering the costs of items such as, but not limited to, transportation fees; competition fees; uniform needs; coaches fees; spirit materials; welcome goody bags; the end-of-the-year banquet and award costs for cheerleaders & coaches; holiday parties; coaching needs; etc.

Varsity Letter

Only Varsity Cheerleaders can letter. The following requirements must be met to receive a Varsity Letter:

- You must finish the season academically eligible (refer to the student handbook).
- You must attend & participate in all practices and games unless excused by the coach.
- For competition, you must compete in a minimum of 1 competition.
- You must abide by and follow the CCSD student-athlete code of conduct throughout the season.

[Click here](#) for the 2023 Online Tryout Application. Must be submitted by 11:59pm on 3/5/2023 to be eligible to complete the tryout process.