



Hillgrove High School Basketball Sideline Cheerleading Tryout Information Packet

\$30 Non-refundable Clinic Fee due 9/15/2025

****CASH, CashApp - \$HillgroveCheer**

Tryout Application must be submitted online by 11:59 PM, Sunday, August 24th.

Enclosed you will find information regarding cheerleading and tryouts for the Hillgrove High School Basketball Cheerleading squads. To be considered for the Hillgrove cheerleading program, you must meet **ALL** eligibility requirements as outlined by the Georgia High School Association, including that you live in the Hillgrove district and that you are academically eligible at the time of tryouts. Also, you must complete the tryout application, ensure there is a current physical uploaded in Athletic Registration online in ParentVUE, and submit the tryout application **NO LATER THAN 8/24/2025**.

Program Details & Time Commitments

Parents and students, it is essential that you discuss this decision and consider the time commitments involved with each team. Being selected as a part of the HHS cheerleading program is a privilege that requires dedication, hard work, and sacrifice.

Varsity Basketball (10th-12th grade)

- Clinic – Monday, September 15th and Tuesday, September 16th (material will be uploaded online by the week of August 25th). You should know the tryout material when you come to the clinic.
- Tryouts will be held in person on Wednesday, September 17th
- Results will be posted the weekend of September 27th
- In-Season Practices 1-2 days a week beginning the week of October 21st
- One mandatory Saturday practice October 18th & MS Clinic – Saturday October 25th
- All Varsity Basketball Games (Tues, Fri, some Saturdays, and any other days as the schedule notes) – Including all playoff games

JV Basketball (9th-11th grade only)

- Clinic – Monday, September 15th and Tuesday, September 16th (material will be uploaded online by the week of August 25th). You should know the tryout material when you come to the clinic.
- Tryouts will be held in person on Wednesday, September 17th
- Results will be posted the weekend of September 27th
- In-Season Practices 1-2 days a week beginning Oct 21st
- JV Basketball Home games ONLY in the MAIN GYM.

*Please get in touch with Coach Spiegel below if you have any questions regarding tryouts.
Coach Spiegel – Jennifer.Spiegel@cobbk12.org

Cheerleading Tryout Information

Basketball Sideline Cheerleading

2025-2026 HHS Tryout Dates:

September 15-16 (Clinic) & September 17 (Tryout Day) * Tryout material will be online the week of August 25th*

Prospective athletes should be prepared and know the material on the first day of clinic.

Tryout Times & Location:

Sep 15 – 4:00-5:30 aux gym

Sep 16 – 4:00-5:30 cafeteria/courtyard

Sep 17– 4:00 – until completed - Aux gym

**Please note that tryouts are closed to spectators. It is imperative that coaches have the opportunity to give all tryout applicants their undivided attention and that tryout applicants are free from distractions that could detract from their focus.*

Tryout Clinic and Tryout Dress Code:

- The material will be uploaded online, including sideline cheers & a “Stands”(dance) routine
- Black athletic shorts/spunks with NO LOGOS’s
- White T-Shirt or White Tank Top with NO LOGO or anything printed or cheer-related wording.
- Bra Straps should NOT be visible.
- Hair needs to be up in a ponytail or half up with a coordinating bow or ribbon.
- Cheer or athletic shoes with socks. (Please match shoe color and sock color!)
- **ABSOLUTELY NO JEWELRY!**

2025-2026 Tryout Announcements

Tryout results will be posted online at the Hillgrove Cheer Website by the weekend of September 27, 2025, at www.hillgrovecheer.org

Squads will be formed based on scores compiled by the coaching staff, fulfillment of requirements, and the coaches’ final decision.

2025-2026 HHS Cheerleader New Squad Meetings:

If selected for a squad, cheerleaders must attend a mandatory meeting.

- **Varsity and JV - Tuesday, September 30, 2025 – After School in the media center**

2025-2026 Hillgrove High School Cheerleading Booster Club Meeting:

A **MANDATORY** booster club meeting will be held on **Monday, October 6, 2025, at 6:30 pm** in the cafeteria. Each cheerleader **MUST** have at least one parent/guardian in attendance. New Cheerleaders for the season will be required to pay \$250.00 for BB Cheerleading Dues via the online portal by 10/6/2025. Current FB Sideline and/or Comp Cheerleaders are only required to pay \$75 for BB Cheerleading Dues.

Tryout General Information:

Parents and applicants should discuss the applicant’s decision and consider the financial and time requirements involved with each squad. Being selected as a part of the HHS Cheerleading program is a privilege that requires commitment.

Eligibility

To tryout, you must meet all eligibility requirements as outlined by the Georgia High School Association, including residing in the Hillgrove district, having a cleared physical uploaded on the Athletic Registration in ParentVue, and being academically eligible **at the time of tryouts**. Also, you must complete all tryout paperwork and submit it online to the website by **11:59 PM Sunday, August 24, 2025**

Sideline Squads

Selection for Sideline Squads is based on the applicant's tryout. Applicants will be selected from each of the 9th, 10th, 11th, and 12th grades for the school year.

Varsity Basketball (10th – 12th grade) – Practices and Games

- In-Season Practices- Mondays and Thursdays throughout the season as needed
- All Varsity Basketball Games (Tues, Fri, some Saturdays) – Including any/all playoff games

JV Basketball (9th - 11th grade) - Practices and Games

- In-Season Practices- Mondays and Thursdays throughout the season as needed
- All JV Basketball Home games

Basic skills required for all squads:

- * Ability to listen to and follow instructions
- * Cheer motion knowledge and skill (placement and sharpness)
- * Voice volume in cheering (being able to lead a group by calling a cheer/chant and being loud)
- * Rhythm in dancing (must be able to dance to a song with the correctly taught motions and stay on the beat)
- * Learning memory (must be able to learn multiple cheers and dances and memorize them, then be able to perform them in front of an audience)
- * Enthusiasm and excellent spirit, to include but not be limited to school spirit and a game day sideline presence.
- * Maturity and leadership ability are a must for all teams, as you are seen as leaders in the school.
- * Expectations for skills listed above are higher for the Varsity Squad

Tryout Requirements

1. Each cheerleading applicant must have completed and returned all of the following:

- * Tryout application
- * A current physical uploaded in 2025-2026 Athletic Registration online in ParentVUE.
- * **IF YOU DO NOT HAVE A CLEARED PHYSICAL ON YOUR 2025-2026 ATHLETIC REGISTRATION, YOU WILL NEED TO HAVE IT ON FILE BEFORE TRYOUTS, OR YOU WILL NOT BE ABLE TO PARTICIPATE**

2. Each cheerleading applicant must meet all Cobb County High School and Georgia High School Association policies on eligibility to tryout. The Cobb County Athletic Handbook can be viewed online.

<http://www.cobbk12.org/centraloffice/athletics/Student-ParentAthleticHandbook.pdf>

3. \$30 NON-REFUNDABLE Tryout Clinic fee is due on the first day of the clinic, September 15, 2025. Acceptable forms of payment – Cash or GoFan

Hillgrove High School Athletic Physical Process

HILLGROVE WILL NO LONGER ACCEPT A PAPER PHYSICAL FORM. Instead, parents must register their student on their ParentVUE site for students in grades 9-12.

Hillgrove Students: If you do not have a ParentVUE login or if you have previously completed the "ParentVUE User Form" and have been denied access to your account, please get in touch with the Hillgrove front office.

You may also contact Melissa Garrido, our Athletic Clerk, for more information at 678-331-3961 or Melissa.Garrido@cobbk12.org.

HHS Cheerleading 2025-2026 Estimated Costs

The following is an **ESTIMATE** of costs for personal items needed by each cheerleader. Cheerleaders are encouraged to communicate with the coaches as soon as possible when learning of individual family or economic needs that may lead to conflict. Parents should also feel comfortable communicating with the coach when needed.

First Payment (\$250) Due: by 10/6/25 via the Hillgrove Cheer Portal

Please see the chart below for additional information and a breakdown of costs per cheerleader.

Estimated Costs for BB Sideline Squads

- **Cheerleading Dues - \$250:** Amounts received as cheerleading dues cover the following organization expenses: expenses incurred for practice attire, bows, tryout t-shirt, office supplies, group activities, holiday events, and the year-end replacement costs. A detailed budget will be presented to Booster Club Members for discussion and approval. All costs are projected and represent estimated costs. Current FB Sideline, Comp Only, or FB Sideline & Comp Cheerleaders are only required to pay \$75 for BB Cheerleading Dues.
- **Uniform, Apparel, and Accessories:** See below: Uniform and apparel fittings will be held ASAP. An order sheet will be completed for each cheerleader and signed by the parent and cheerleader.

Approximate costs are:

<u>Varsity Basketball Sidelines</u>	
Athletic Fee (if not already paid for football)	\$30
Game Day meals/snacks (Varsity)	\$15 per game Est. 20 games
Uniform Rental Fee	\$75
Underliner/Bloomers for uniform	\$50
Pictures	\$50
Coaches Allowance	\$75
Warm Ups (Pants & Jacket)	\$80
Back Pack – Crimson (if needed)	\$115
Shoes (if needed)	\$100
End of Year Celebration fees	\$100
*Senior Cardigans (Seniors only – PAID SEPARATELY BY PARENTS/GUARDIANS)	(\$100 est)

<u>JV Basketball Sidelines</u>	
Athletic Fee (if not already paid for football)	\$30
Game Day meals/snacks (JV)	\$15 per game Est. 7 games
Uniform Rental Fee	\$75
Underliner/Bloomers for uniform	\$50
Pictures	\$50
Coaches Allowance	\$75
Warm Ups (Pants & Jacket)	\$80
Back Pack – Crimson (if needed)	\$115
Shoes (if needed)	\$100
End of Year Celebration fees	\$100

Hillgrove High School Cheerleading General Information

Cheerleaders are one of the most visible representatives of their high school. Hillgrove cheerleaders are expected to demonstrate good sportsmanship at all times. The purpose of the Hillgrove cheerleading program is to promote school pride, unity, and to lead the student body in demonstrating spirit and support for the teams, coaches, and all athletes.

Rules, Regulations, and Guidelines

- Cheerleaders who choose to quit the program after being placed on a squad will forfeit the right to try out the following season
- No cell phones are allowed to be used unless otherwise noted by the coach at practice, games, competitions, or any other cheerleading function
- Distractions such as, but not limited to, friends, boyfriends, and parents should refrain from interrupting practices/games. Practices are CLOSED.
- Negative/bad attitudes or reports of bad attitudes and/or disrespect from any teacher will be disciplined according to the coach's discretion
- Coaches and other squad members will always be treated with respect
- Always be on time, punctuality is expected!
- All personal matters must be taken care of outside of practice; squad unity is a primary goal!
- **General Behavior:** The following behaviors are extreme violations of the Cobb County Code of Conduct. Coaches and administrators will evaluate breaches in accordance with the Cobb County guidelines, and an appropriate consequence will be given. Consequences may include removal from the squad. Smoking/Drinking, Cheating, Drug Use, Fighting, Vandalism, Undesirable or immoral behavior, and/or gestures

Practices

- Practices are set at the discretion of the coach. Everyone should attend all practices.
- Absence from school means you cannot attend practice/game for that day (must attend two periods of school). School absences should be limited.
- Missing practice for clubs and other extracurricular activities is **not** considered excused. Students with academic obligations will not be penalized (within reason). Academics are a priority. Please inform your coach ahead of time if you need to meet with a teacher, and provide a note from the teacher.
- Cheerleaders are expected to notify a coach in advance if they are to be tardy or miss practice. Word of mouth is not acceptable.
- Every effort should be made to avoid missing practice
- Having a job is not an excuse to miss practice. If you have a job, you need to make sure it fits with your cheerleading commitment.

Games

- Cheerleaders must be dressed in uniform/warm-ups for all games at the time designated by the coach.
- Cheerleaders are responsible for bringing appropriate equipment to all games and/or competitions.
- Cheerleading is your primary concern during the game. Excessive talking to squad members or the crowd is not permitted.
- Game participation will be limited when practices are missed.

Transportation

- Cheerleaders are expected to travel to and from the away games on the bus, unless otherwise arranged by the coaches.

Uniforms, Practice Clothing, Etc.

- If a cheerleader loses their uniforms or equipment, they will be required to pay for a replacement. Cheerleaders will only be charged what the program pays for the item.
- Uniforms must be returned, cleaned, and in their original condition. Cheerleaders and their parents are expected to pay for cleaning expenses and/or replacement costs for uniforms that are returned soiled and/or damaged.
- Any uniform not returned by the due date will be considered lost, and the parents will be charged for a replacement.
- Cheerleaders will wear appropriate spirit wear, as designated by the coach, to school on game days and spirit days (this includes practice wear).

Financial Responsibilities

- Cheerleaders are responsible for the cost involved, including additional cheer apparel.
- Cheerleaders are responsible for the replacement cost of any school property that is lost or damaged. (Uniforms and equipment)
- Every effort is made to provide opportunities for cheerleaders to earn money to help offset the financial obligations. ALL cheerleaders must attend and participate in all required fundraising activities, or possibly offset participation by covering those funds from personal funds or sponsorships.

Coaches' Rights

- The coach reserves the right to "bench" a cheerleader for disciplinary or performance reasons. Recurring issues with discipline can result in the dismissal of a cheerleader. The inability of a cheerleader to perform at the skill level of tryouts can result in dismissal from the squad.
- The coach reserves the right to discipline attendance issues for practices and/or games on an individual basis.
- Missing practice, even if it is excused, can result in not being included in the next game/pep rally, or community performance. Coaches' discretion will be used.

Hillgrove High School Cheerleading Booster Club

- The purpose of this organization shall be to provide support for the Hillgrove High School cheerleading program. The Booster Club works with the High School Coaches in the following areas:
 - To promote a congenial relationship among members, cheerleaders, coaches, school administration, other school organizations, and the community in general.
 - To promote cheerleading as a sport for students who reside in the Hillgrove High School District and to develop athleticism, enthusiasm, cooperation, leadership, responsibility, and good sportsmanship.
 - To promote fundraising activities for the financial support of services, facilities, and equipment for cheerleading squads on an as-needed basis.
- The booster club helps supplement the school budget by covering the costs of items such as, but not limited to, uniform needs; the end-of-the-year banquet gifts and award costs for cheerleaders & coaches; holiday parties; coaching needs, etc.

Awards

- Varsity and JV - to receive any award, you must complete the entire season, including playoffs and tournaments.

Varsity Letter

- The following requirements must be met to receive a Varsity Letter:
 - You must finish the season academically eligible (refer to the student handbook)
 - You must attend all practices, games, competitions, and activities unless excused by the coach.
 - You must earn the coach's recommendation by demonstrating dedication and commitment, good attitude, hard work, and loyalty to the school, teammates, and the community

**I appreciate your interest in the 2025-2026
Basketball Cheerleading Program at Hillgrove!**

**Click [HERE](#) to download the
2025-2026 tryout application.**

If you have any questions, please contact –

Coach Jennifer Spiegel

Program Director and Head Coach – Jennifer.Spiegel@cobbk12.org

